



Spinal Fusion Patient Testimonial: Video Transcript

Patient, Sara Taylor (00:04):

My name is Sara Taylor. I'm 47 years old and I live in Parker, Colorado. Before I had my surgery, I spent two years not being able to feel my arms and hands, which makes it very difficult to do lots of things. My physician from neurosurgery, one was Dr. Asfahani and he did a three level cervical spinal fusion. My recovery was better than any other surgery I had gone through in my life. I literally woke up from surgery and could feel my arms and hands for the first time in two years. And at that point I knew it had been a success.

(00:47):

I had been through a number of other surgeries that were far worse, including just even having a broken pelvis the same year. But this surgery, the pain it was minimal and I was up and moving around in a few days. I think one of the things that pleased me the most was the success of the surgery. I had not heard of a ton of patients having such success like I did, and I was scared about that. But having that was amazing. Being able to wake up from surgery and know that it worked and then also the Pleasant Hospital stay and follow up every visit was thorough. Everyone involved in the process, the nurses, Dr. Asfahani, the entire organization of neurosurgery one and Parker was phenomenal and I was so surprised and pleased by the whole thing start to finish. I just hit my one year post-surgery Mark, October 6th, and my life is completely different and new. I feel amazing since having this surgery. It was one of the best decisions I gave my body. I have no more pain, I have no more numbing. I can sleep again. I mean, it was life changing and like I said, best decision I made.

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