



Meet Dr. Jason McGowan: Video Transcript

Dr. Jason McGowan (00:16):

My name is Jason McGowan. I'm a complex spinal surgeon and minimally invasive spine surgeon specialist at Neurosurgery one. I grew up in St. Louis, Missouri. That's where I graduated from high school. I went to undergrad at Morehouse College in Atlanta after leaving St. Louis and then matriculated to Georgetown University School of Medicine, and I stayed on as a resident. Upon completion of that, I traveled to Pittsburgh for a fellowship so that I can do both minimally invasive spine surgery, which I learned at my time in dc, as well as the big complex spinal reconstructions, which I learned during my fellowship year. The decision to come to Colorado is made based on both the professional component and the personal component. Professionally in Colorado is a market where people enjoy doing a lot of recreational activities and therefore they're quite motivated to get better. Personally, I also like to do those same recreational activities, namely golf in the summer and spring months and snowboarding and the winter season.

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So being able to get up to the mountains is an exciting opportunity for me. So neurosurgery was a path that wasn't immediately clear to me. Entering medical school, I thought I wanted to do orthopedic surgery, but during the rotations I fell in love with neurosurgery because choosing neurosurgery didn't mean giving up the rest in the sense that we practice radiology, we practice critical care and trauma, we also practice psychiatry, right? Though it's a field where you get to really use a majority of the medical knowledge that you've obtained. What I love about neurosurgery one is the ability to take care of patients in a multidisciplinary manner. So pain management education courses, great cranial surgery and great spine surgery all within one practice. Just by walking out the office door, I can reach many different specialties to help folks that may need additional treatment that I don't offer myself.

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If patients were to ever require subsequent treatment, they wouldn't have to find another doctor, and being able to have comprehensive neurologic care in one place is very important to me in the way I practice medicine. I would recommend a patient choose neurosurgery one for their care, because we believe in conservative and judicious use of surgery, and we should exhaust all means before we talk about surgery. My patient philosophy is empowering patients to make their own decisions, educating patients on what is normal, what is abnormal, and then the treatment options that exist. I'm very fortunate to have a great team surrounding me. Everybody on the team is very attentive to detail so that when you are part of our family and our treatment team, we're going to make sure that we take great care of you. The thing I enjoy most about my patient relationships is seeing the gratitude and the excitement when patients post-operatively are living without the pain they've been experiencing for months to years before seeing people back in the office after surgery and hearing that they're already

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back to the activities that they used to do is very rewarding. The days can be long, the days can be trying, but seeing that people do better and you're helping them is a strong motivator to continue to do good work.