



## Intraneural Basivertebral Nerve Ablation Treats Chronic Lower Back Pain : Video Transcript

Patient ([00:08](#)):

As long as I can remember. I've had low back pain. I couldn't even get into my car and I just couldn't walk, and so I decided I was going to go to a doctor. He reviewed my MRI with me and I was so excited because I thought I finally went and got my mri. We finally know what's going on in my back. I'm going to get some answers today. I'm so excited, and he looked at me and basically let me know I was going to have to live with it. I would dread sometimes going out to eat because I'm like, oh geez, I'm going to have to sit on a hard chair. And then boy, if I did a hard workout, I would pay for it and I would have to recover for two days. I got a call back, they realized I could be a candidate and I just prayed so hard that I really was a candidate, and so that gave me just a tremendous amount of hope.

Patient ([01:19](#)):

Before I knew it, the doctor came in, I got to meet him. They started the process of sedating me and I woke up just fine. I didn't have any difficulties. I just went home and I was like, I can't believe it. I can't believe it. And I was fine. I would do some classes at the gym with lightweights, and then it progressed into I can go a little bit heavier with my weights and now I can do this class rowing machine. No problem. The other day I was on the phone with my best friend and she said, do you know, I have not heard you talk about your back and so long. She just always felt bad for me because it was like, how bad is it today? Kind of thing. And she noticed that this past year. I don't even mention it. If it's something that you can do, I would do it because it is life changing. I'm so glad I did.

### Arvada

16280 W. 64th Ave.  
Arvada, CO 80007

### Castle Rock

4350 Limelight Ave., Suite 100  
Castle Rock, CO 80109

### Lakewood

11750 W. 2nd Place, Suite 255  
Lakewood, CO 80228

### Littleton

7780 S. Broadway, Suite 350  
Littleton, CO 80122

### Lone Tree/Park Meadows

9980 Park Meadows Dr., Suite 101  
Lone Tree, CO 80124

### Lone Tree/Yosemite

9695 S Yosemite St., Suite 377  
Lone Tree, Colorado, 80124

### Parker

9403 Crown Crest Blvd., Suite 200  
Parker, CO 80138